Ecorapy

Breakfast Menu

Fruits

Choose from a variety of fruits to start your morning off right

Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.

Milk and Juice

You can also choose white or chocolate milk and a variety of fruit juices including apple, cranberry, grape and orange-pineapple.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			2733	1 BREAKFAST PIZZA
	5 CINNAMON ROLL	6 CHORIZO BREAKFAST TACO	7 FRENCH TOAST	8 BACON AND EGG TOAST
11 FRUDEL	12 ENGLISH MUFFIN BREAKFAST PIZZA	13 WAFFLE STICKS HOT CEREAL	14 EGG AND BACON MUFFIN CUPS	15 SCRAMBLED EGGS
HAPPY PRESIDENTS DAY	19 WAFFLE SANDWICH	20 BREAKFAST COOKIE	21 SAUSAGE GRAVY BISCUITS	22 SCRAMBLED EGGS HASH BROWN
25 BREAKFAST PIZZA	26 BREAKFAST SANDWICH	27 PANCAKES HOT CEREAL	28 OMELET BACON	

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Space for notes about this month's menu; and/ or holidays could go here, if you'd like?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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be mine	5 Chicken Salad Or	6 Lasagna Or	7 Ham and Cheese Or	8 Taco Salad
sweet	Club Sandwich Sweet Potato Waffle Fries Coleslaw	Spaghetti w/Meat Sauce Seasoned Broccoli Capri Blend Vegetables Breadstick	Turkey and Cheese Panini Tater Tots Glazed Carrots	Seasoned Corn
11	12	13	14	15
Corn Dog Or	Asian BBQ Turkey Or	Fish Sandwich Or	Chicken Cordon Bleu	Meatball Sub
Chili Dog Steak Fries	Orange Chicken Fried Rice	Tuna Salad on Croissant Tater Tots	w/ Díjon Cream Sauce	Potato Chips Seasoned Green Beans
Green Beans	Egg Roll	Mixed Veggies	Angel Hair Pasta	Seasoned Green Beans
	Fortune Cookie	Mango/Peach Salsa	Asparagus Roll and Cheesecake	
	19	20	21	22
	Fried Chicken Or	Beef Brisket Or	Chicken Alfredo Or	Chimichanga
	BBQ Chicken	Smoked Sausage	Chicken Manicotti	Cheese Sauce
MARGINET TO THE TOTAL TO	Mashed Potatoes/Gravy	Ranch Style Beans	Seasoned Asparagus	Refried Beans
LUESINEU 12 NAI	Seasoned Broccoli	Macaroni Salad Texas Toast	Steamed Carrots Breadstick	California Blend Veggies
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25 Cli 1	26	27	28	
Chicken Or Fish Nuggets	Meatloaf Or Meatballs	Grilled Cheese Or Grilled Ham and Cheese	Chicken Quesadilla Or	
Tater Tots Baked Beans	Mashed Potatoes w/Gravy Breaded Okra		Beef, Black Beans and Corn Ta-	
Daked Dealis	Roll	Soup Coleslaw	Seasoned Pinto Beans	
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Dinner Menu

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Vale	Happy ntine's I	ay!	
	5 Meatball Sub Tater Tots Seasoned Peas	6 Chicken Bacon Ranch Sandwich Macaroni and Cheese Cal. Vegetable Blend	7 Green Chili Pork Tacos Pinto Beans	
11 Chicken Strips Mashed Potatoes/Gravy Seasoned Broccoli Roll	12 Cheese Enchilada Refried Beans Spanish Rice	Calzone Potato Chips Pickle Spear	14 Steakfingers French Fries Steamed Carrots Texas Toast	
Prosidents Day	19 Fish Sandwich Tater Tots Mixed Vegetables	20 Sliced Pizza Seasoned Corn	21 Salisbury Steak Mashed Potatoes Seasoned Cauliflower Wheat Roll	
25 Steakfingers Baked Potato Seasoned Peas Wheat Roll	26 Beef or Chicken Fajitas Seasoned Pinto Beans	27 Chicken Strips Mashed Potatoes/Gravy Mixed Vegetables	28 Pork Rib Sandwich French Fries Sliced Tomatoes	